

Tammy (she/her) is a Philadelphia-based dance-artist-educator. She has performed professionally in her own work as well as in for Alexandra Beller, Heidi Brewer, Helen Simoneau, Cara Hagan, Noa Zuk, to name a few. She has performed co-created work with dance artists Robbie Cook, Stevie Oakes, Brandon Whited, and visual artist Kitty Hubbard. Carrasco's embodied and choreographic practices are most informed by educators Brenda Daniels, Sean Sullivan, Nancy Stark Smith, Bebe Miller, Michelle Boulé, Susan Rethorst, and Susan Van Pelt Petry. She has taught workshops, master classes, and staged choreographic work nationally and internationally. She brings a holistic, equity-centered teaching philosophy that merges formalism in modern dance with somatic approaches to movement. Tammy's research includes choreography, performance, and scholarship.

## **EDUCATION**

- MFA, Dance** The Ohio State University, 2015  
University Fellow, Graduate Teaching Associate, GPA 4.0  
Thesis Committee—Bebe Miller, Melanie Bales
- BFA, Contemporary Dance** University of North Carolina School of the Arts, 2007  
Dance Merit Scholar, GPA 3.87  
Advisors—Dianne Markham, Sean Sullivan
- Diploma, Ballet** Walnut Hill School, 2003  
Scholarship recipient, Cum Laude, 3.89  
Advisors: Michael Owen, Samuel Kirjian, Kathy Stark, Tamara King
- Vinyasa Yoga Certification** Om Yoga Center: New York, NY, 2009  
Advisors: Cindy Lee

## **FURTHER EDUCATION**

- 2024 **Solo/Duo, Bearstow** with Bebe Miller and Angie Hauser
- 2021 **Dance Film 101: Virtual Workshop for Professionals** with Cara Haagan
- 2016 **January Workshop 2016**, Earthdance Creative Living with Nancy Stark Smith, Mike Vargas and Daniel Lepkoff
- 2015 **A Choreographic Mind**, The Ohio State University with Susan Rethorst
- 2014 **Text Into Performance**, American Dance Festival, Durham, NC with Rafael Lopez-Barranetes
- 2014 **Contemporary Movement Practice**, American Dance Festival, with Jennifer Nugent, Ishmael Houston-Jones, Stuart Singer
- 2014 **Movement Research Workshop, MELT**, New York, NY with Teri O'Connor & Jennifer Monson

## **SCHOLARLY PUBLICATIONS**

- 2023-present **Choreographing Motherhood: The (Re) Birth of Self in Creative Process and Practice**  
Routledge (forthcoming publication, 2025)  
Chapter for anthology *Pandemic Motherhood*, edited by Ali Duffy, Tamar Neumann

## **RESEARCH**

### **EVENING LENGTH SELF-CHOREOGRAPHED WORK + DANCE EVENTS**

- 2024      ***ISLAND***, Cherry Street Pier, Philadelphia Fringe Festival, Philadelphia, PA  
An immersive interplay between architecture and movement infuses the mundane with the extraordinary, inviting audiences to witness the beauty of everyday spaces and the biological impact of them on our natural environment. With the human form as a living bridge between constructed realms of urban landscapes and evocations of nature, this work underscores built environment as immersive art space and interloper of nature.  
Performers: Megan Bridge, Tammy Carrasco, Chloe Marie
- 2023      ***Glitter Baby***, Icebox Gallery, Cannonball Festival, Philadelphia Fringe Festival, PA  
This work is a microcosm in which meandering dreamscapes, queer motherhood, and subtle spectacle collide. This work explores the profound wisdom and meaning-making of our subconscious, where motherhood is posited as a cradling of our own inner child.  
Performers: Tammy Carrasco, Kuankuan Hu, Chloe Marie, Kate Seethaler
- 2017      ***Structure of Us***, Makers Gallery and Studio, Rochester, NY; Maryland Art Place, Baltimore  
An immersive, travelling interdisciplinary performance that posits the architecture of the human body as structurally in relationship to built surroundings. Live visual art-making unfolded in real time as did the improvisations of the dancers.  
Collaborators: Visual Artist Kitty Hubbard; dance performers: Tammy Carrasco and Brandon Whited.
- 2016      ***Wild Beast Dance***, MUCC Theater, Keybank National Rochester Fringe Festival, NY  
This work featured three different dance works: *Straight Jacket*, *Are You My Mother*, *Lucida*, and *Les Fauves: The Wild Beasts*. Performers: Tammy Carrasco, Jordan D. Lloyd, Stevie Oakes, Joyce Edwards
- 2015      ***Feathered Landing: A Convergence of Dances***, Geva Theater, Rochester, NY  
Curated by Tammy Carrasco, the collection of dances included work by: Tammy Carrasco, Mariah Maloney, Ann Sofie Clemmensen, Janet Schroeder, and Brandon Whited

### **PERFORMANCE FOR CHOREOGRAPHERS**

- 2024      ***Floating Field***, co-choreographed by Robbie Cook and Tammy Carrasco  
WestFest Dance Festival, Martha Graham Studio Theatre, New York, NY  
American Dance Festival, Reynolds Industries Theater, Durham, NC  
Performers: Tammy Carrasco, Robbie Cook
- 2023      ***we were birds***, choreographed by **Cara Hagan**  
American Dance Festival, 90<sup>th</sup> Anniversary Season  
Nasher Museum, Durham, NC  
Performers: Tammy Carrasco, Cara Hagan, Laura Gutierrez
- 2022      ***Catwalk***, choreographed by **Heidi Brewer**  
In-Studio Performance Series

- Sarasota Contemporary Dance, Sarasota, FL
- 2016 *yes is a very long time*, choreographed by **Alexandra Beller**  
DanceLab 2016, Montclair State University, Montclair, NJ
- 2015 **China Tour, Repertory Ensemble**, Ohio State University Dance Department  
*Nothing I*, choreographed by **Noa Zuk**  
*Chair Pillow*, choreographed by **Yvonne Rainer**  
*Duet*, choreographed by **Abby Zbikowski**  
Beijing Dance Academy, Northeast Normal University, Central Minzu University,  
Shanghai University, Ullens Art Museum
- 2013 **Rise**, choreographed by **Leslie Dworkin**  
Aronoff Center for the Arts, Cincinnati, OH
- 2011-12 **Sesame Street Live National Tour**, choreographed by **Cheryl Baxter**  
350 shows in national cities and Toronto
- 2009 **Old Cherry Blossom Road**, choreographed by **Dana Katz**  
White Wave Cool NY Dance Festival, Brooklyn, NY  
The Yard Residency, Chilmark, MA
- 2009 **All Colors Turn to Brown**, choreographed by **Celia Rowsen-Hall**  
La MaMa Theatre, New York, NY
- 2008 **Flight Distance I**, choreographed by **Helen Simoneau**  
The Joyce Soho, New York, NY
- 2008 **The Witches' Dance**, choreographed by **Belinda Mcguire**  
**The Best Dance on Earth**, choreographed by **Sarah Wilbur**  
The Yard Residency, Chilmark, MA
- 2008 **Sisters**, choreographed by **Helen Simoneau**  
Mt. Tremper Choreographer's Residency

#### SELF-CHOREOGRAPHED WORK IN SHARED SHOWS

- 2021 **Desert Picnic** (dance film)  
Frame x Frame Dance Film Festival, Houston Ballet, TX  
Emerge Dance Festival, Center Stage Theater, Santa Barbara, CA  
Video Editing: Megan Davis; Performers: Chloe London, Tim Bendernagel
- 2019 **Desert Picnic** (live performance)  
Sans Limites: SYZYGY, Hudson Guild Theater, New York, NY  
Performers: Chloe London, Tim Bendernagel
- 2018 **Sweet Fire** (part 1)  
Boston Contemporary Dance Festival, Huntington Ave Theater, Boston, MA  
Performers: Tammy Carrasco, Christy Benicosa, Stevia Oakes, Rose Pasquerllo  
Beauchamp
- 2017 **Are You My Mother?**  
Triskalion Arts, Wax Works, New York NY

- Nimbus Arts Center, New Jersey  
Performers: Tammy Carrasco, Claire Fisher, Jordan D. Lloyd, Chloe London
- 2017 ***Image of an Heirloom***  
Movement Research, Open Performance, New York, NY  
Performer: Tammy Carrasco
- 2017 ***Figure Form***  
Summer Shake-Up Series, Triskelion Arts, Brooklyn, NY  
Performer: Tammy Carrasco
- 2016 ***Straight Jacket***  
Jennifer Mueller/THE WORKS, New York, NY  
Performers: Tammy Carrasco, Stevie Oakes
- 2016 ***View From Here***  
Montclair State University, Dance Lab, NJ  
Performers: Tammy Carrasco, Stevie Oakes
- 2015 ***Semi-Formal*** (co-choreographed)  
Columbus Dance Theatre, Greater Columbus Arts Council, Columbus, OH  
Performers: Tammy Carrasco and Sarah Levitt
- 2013 ***Mode*** (co-choreographed)  
Movement Research, Judson Church, New York, NY  
Performers: Tammy Carrasco, Ann Sofie Clemmensen

## **APPOINTMENTS IN HIGHER EDUCATION**

- 2024-present **Visiting Assistant Professor, Dance**, Bryn Mawr College, PA
- 2023-24 **Interim Director of Dance, Visiting Assistant Professor**, Bryn Mawr College, PA
- 2022-23 **Visiting Assistant Professor, Dance**, Bryn Mawr College, PA
- 2022-23 **Adjunct Professor, Guest Choreographer** Drexel University, Philadelphia, PA
- 2022 **Adjunct Professor**, Bryn Mawr College, Bryn Mawr, PA
- 2021 **Adjunct Professor, Dance**, Hillsborough Community College, Tampa, FL
- 2021 **Adjunct, Guest Choreographer**, University of Memphis, Memphis, TN
- 2020 **Adjunct Professor, Dance**, Bryn Mawr College, Bryn Mawr, PA
- 2015-2021 **Assistant Professor, Dance**, The College at Brockport, SUNY, Brockport, NY

## **ADDITIONAL EMPLOYMENT**

### **MASTER CLASS TEACHING**

- 2024 **Friends Central School**, Wynnwood, PA  
Creative Movement and Lecture-Demonstration for kids ages 2-11
- 2022 **Drexel University**, Philadelphia, PA  
Advanced Contemporary Modern Technique
- 2021 **Community Class Series**, in association w/Moving Current Dance Company, Tampa FL  
Mixed level, mixed ability class for adults in the community
- 2021 **Janson Dance Project**, Wesley Chapel, FL  
Contemporary Modern Technique; Repertory Class

- 2018 **University of California** Santa Barbara, Santa Barbara California  
Contemporary Modern Technique
- 2018 **Dance with Utica**, Utica, NY  
Contemporary Modern Technique, Wild Beast Dance Reperoty,
- 2018 **American College Dance Association Conference**, Montclair, NJ  
Wild Beast Dance Contemporary Modern
- 2017 **University of Maryland**, College Park, MD  
Improvisation and Partnered Improvisation Workshop
- 2017 **Nazareth College**, Movement and Dance Festival, Rochester, NY  
Contemporary Modern Technique
- 2017 **American College Dance Association Conference**, Morris,NJ  
Contemporary Modern Technique, Partnered Contemporary Technique
- 2016 **Southern Florida College**, Lakeland, FL  
Contemporary Modern Technique
- 2016 **University of Rochester**, inspireDance Festival, Rochester, NY  
Contemporary Modern Technique
- 2016 **Montclair State University**, Montclair, NJ  
Partnered Contemporary Technique
- 2016 **American College Dance Association Conference**, Brockport,NY  
Wild Beast Dance Contemporary Technique
- 2015 **Beijing Arts Academy**, Beijing, China  
Improvisation for Graduate Students
- 2015 **Northeast Normal University**, Chang Changchun, Jilin, China  
Contemporary Modern Technique
- 2015 **Ullens Center for Contemporary Art (UCCA)**, Beijing, China  
Improvisation Workhop, in collaboration with Susan Petry

#### SUMMER AND YEAR-LONG EMPLOYMENT

- 2015, 2016 **Summer Lead Instructor of Dance**, Governor's School of North Carolina, Raleigh
- 2012-2015 **Graduate Teaching Associate, Dance, The Ohio State University**, Columbus

#### CHOREOGRAPHY FOR STUDENTS

- 2024 ***Waterways***, Bryn Mawr College, Bryn Mawr, PA  
Spring Dance Concert  
9 students
- 2023 ***Desert Flower***, Drexel University, Dance Department, Philadelphia, PA  
Rhythms of Nature, Fresh Dance Concert  
16 students
- 2022 ***Glitter Baby***, Bryn Mawr College, Dance Program, Bryn Mawr, PA  
Spring Dance Concert, Peformance Exchange Project  
2 students, 2 professionals
- 2021 ***We'll Keep On***, University of Memphis, Theater and Dance Department, Memphis, TN

- American College Dance Association, Southeast Regional Gala  
12 dancers
- 2021 **We'll Keep On**, Bryn Mawr College, Dance Program  
Spring Dance Concert  
8 dancers
- 2020 **Sweet Fire**, State University of New York, Brockport  
American College Dance Association, National Gala, Longbeach, CA (Covid  
Cancel)  
4 dancers
- 2019 **Are You My Mother?** State University of New York, Brockport  
American College Dance Festival, Northeast Gala, New Jersey  
Dance/Hartwell  
4 dancers
- 2016 **Nowhereland**, State University of New York, Brockport  
Dance/Hartwell  
12 dancers

## **CURATION AND PRODUCTION OF DANCE EVENTS/WORKSHOPS/RESIDENCIES**

- 2020-2021 **The Landingspace Project**, virtual workshop series  
- Co-curated and facilitated a series of creative workshops and discussions September 2020-April 2021. Open to artists with dance and movement practices, the workshops facilitate an exploration of the urgent themes faced by creative artists in the Covid moment: escape, landing, fantasy, resistance, abolition, borders. Guest artists included: mayfield brooks, Bebe Miller, Jessica Rajko, Jennifer Harge.  
- As co-organizer, I conceived of the workshop, "Landing, Re-Imagining, Value, and Validity," which was led by Bebe Miller; I facilitated the working group conversation that followed Miller's workshop.  
-- Co-organizers include: Assistant Professor, Crystal Michelle Perkins (The Ohio State University), Dr. Benny Simon (Visiting Professor, Ohio University), Dr. Fen Kennedy (Assistant Professor, University of Alabama)
- 2020 **Stephen Petronio Company Residency**, artist residency, SUNY Brockport  
-- Produced a week-long residency for the Petronio company to rehearse repertory and lead a long-weekend workshop for students.  
-- As co-organizer I assisted in designing the student workshop schedule and company lecture-demonstration; hosted the company on-campus during their residency; and worked with collaborators to imagine the possibilities and structure of the residency, as well as the performance possibilities of the company in the campus theater.  
-- Co-organizers include: Professor Emeritus and DanceForce Representative, Jacquie Davis; Interim Chair of Dance, Benoit Beauchamp, Dance
- 2019 **Rosalynde LeBlanc Loo Artist Residency**, choreographic residency, SUNY Brockport  
-- A two-week residency where LeBlanc Loo (Chair, Loyola Marymount University, Dance) created a new work on local professionals and students, concluded by a presentation of her

work on Brockport's campus. I also organized and facilitated (including dancer auditions and residency schedule) LeBlanc Loo's re-staging process of, "Seven," for student dancers. After LeBlanc Loo's departure, I maintained and rehearsed the dance for eight months to present at two faculty shows and American College Dance Festival performances.

-- As solo organizer, I collaborated with LeBlanc Loo by email and phone about how she imagined the project and designed the rehearsal schedule and master classes, arranged lodging; negotiated and applied for funding to support the artist fee; assisted with rehearsals.

- 2016      **Brockport Summer Dance**, summer dance intensive, Brockport, NY  
-- As co-organizer, I managed summer dance faculty Jesse Zarritt, Katie Swords Therman, and Ori Floman for a 10-day dance intensive. I organized housing, transportation, and travel for the NY-based artists, as well as designed the schedule and facilitated all aspects of their stay on Brockport's campus.  
-- Collaborators include: Associate Professor, Stevie Oakes, SUNY Brockport, and Associate Professor, Vanessa Van Wormer, Santa Monica College

## CONFERENCE PRESENTATIONS

- 2021      *The Space Between: Queered Creative Space In Bebe Miller's Virtual Workshop, and the Queer presence of the absence of the Dramatrug*  
Dance Studies Association, Rutgers University, Rutgers, NJ  
Panel Presentation with Dr. Fen Kennedy (Assistant Professor, University of Alabama), Benny Simon (Visiting Lecturer, Ohio University, Crystal Michelle Perkins (Assistant Professor, The Ohio State University)
- 2017      *'The Personal is Political': The Pedagogy of Improvisational Composition as Action*  
National Dance Education Organization, San Antonio, TX  
Panel Movement workshop with Ani Javian (Assistant Professor, Rutgers University), Rachel Barker (Assistant Professor, University of North Carolina, Charlotte)
- 2017      *Reconsidering Hierarchical Structures: Promoting Agency in Pedagogical and Artistic Practices*  
National Dance Education Organization, San Antonio, TX  
Panel presentation  
Ani Javian (Guest Lecturer, Ohio University), Rachel Barker (Assistant Professor, University of North Carolina, Charlotte)
- 2017      *Wielding Weight Through Touch: Contact in Contemporary Dance Technique*  
Body Mind Centering Conference, San Marcos, TX  
Movement Workshop
- 2017      *Lucida*  
Annual International Dance Conference and Performance Festival, Las Cruces, NM  
Performance presentation  
Performer: Stevie Oakes
- 2016      *Improvisation in Contemporary Technique: Unlocking Potential and Curiosity*

National Dance Education Organization, Washington, DC  
Movement workshop  
Co-taught with Ani Javian (Guest Lecturer, Ohio University), Rachel Barker  
(Assistant Professor, University of North Carolina, Charlotte)

- 2016            ***Pedagogy of Partnered Technique: A Merger of Scientific and Pedagogical Perspectives***  
National Dance Education Organization, Washington, DC  
Movement Workshop  
Co-taught with Stevie Oakes (Assistant Professor, The College at Brockport)

## **GRANTS AND AWARDS**

- 2023            **Tri-College Philly Engagement Grant**, Bryn Mawr College, Bryn Mawr, PA  
2022            **Tri-College Philly Engagement Grant**, Bryn Mawr College, Bryn Mawr, PA  
2018            **Western New York Choreographers' Initiative**, DanceForce/NYSCA, Buffalo  
2018            **Pre-Tenure Development Grant**, The College at Brockport, SUNY Brockport  
2016            **Discretionary Salary Award**, Interim Provost James H. Haynes, SUNY Brockport  
2015            **UUP Individual Development Award**, SUNY Brockport  
2015            **Individual Artist's Fellowship**, The Greater Columbus Arts Council  
2014            **Chair's Discretionary Fund**, The Ohio State University  
2014            **Alumni Grant, Graduate Research and Scholarship**, The Ohio State University  
2013            **Student Funding Initiative Grant**, The Ohio State University

## **SERVICE, LEADERSHIP, DIRECTOR ACTIVITIES**

### **LEADERSHIP**

- 2024-2025            Production Advisors, Senior Theses Shows, Bryn Mawr College  
2023-2024            Interim Dance Program Director, Bryn Mawr College  
2023-2024            Thesis Choreographic and Production Advisors, Bryn Mawr College  
2022- 2023            Spring Dance Concert Artistic Director, Bryn Mawr College  
2019- 2021            Departmental Foundations Scholarships Chair, SUNY Brockport  
2018-2019            Guest Artist Duet Project Residency Coordination for Associate Professor,  
Rosalynde LeBlanc Loo, SUNY Brockport  
2018            Artistic Director of Student Choreography Show, "Dance/HARTWELL"  
2018            National Conference for Undergraduate Research, Faculty Representative and  
Lead Mentor, SUNY Brockport  
2018            Scholar's Day Session Chair, SUNY Brockport Graduate Research  
2017- 2018            Search Chair, Dance Musician, SUNY Brockport  
2017- 2018            New Dancer's Showcase Student Show Director, SUNY Brockport  
2017            Director of Student Choreography Show, "Dance/STRASSER"  
2017- 2019            MFA Thesis Committee Chair, SUNY Brockport  
2016- 2018            MFA Thesis Committee Chair, SUNY Brockport  
2016- 2017            Interim Graduate Program Director, SUNY Brockport  
2016-2017            MFA Thesis Committee Chair, SUNY Brockport



2016 Director of Student Choreography Show, “Dance/STRASSER”  
2016 MFA Program Thesis Advisor, SUNY Brockport

#### **COMMITTEE AND GROUP MEMBER PARTICIPATION**

2024 Teaching and Learning Pedagogy Circle, Bryn Mawr College  
2023- Experiential Learning Pedagogy Circle, Bryn Mawr College  
2020-2022 Anti-Racism Pedagogy Group, Virtual  
2019-2020 Stephen Petronio Residency and Performance Committee  
2019 Western New York Choreographers’ Initiative Recipient Representative,  
NYS DanceForce Summer Meeting,  
Panel Presentation with D. Chase Angier, Nancy Hughes, Kendra Portier, Clairre  
Porter, Lois Welk  
2018-2019 Ad-Hoc “Art Forum” Committee, Scholar’s Day Show  
2018 Trisha Brown Residency and Performance Committee  
2018-2019 Undergraduate Committee Member  
2017- 2018 American College Dance Association Tour Coordinator  
2017 Peer-Review at University of Buffalo for Guest Artist and Assistant Professor, Julia  
Mayo of DeSales University  
2016-2017 Search Committee, African Dance and Sankofa Director  
2016- 2017 American College Dance Association Tour Coordinator  
2015- 2016 Graduate Committee Member  
2015- 2016 Brockport Summer Dance Committee